### Diagnosis
- Delays and difficulties in receiving a diagnosis
- Lack of support from GP
- Lack of information during consultations
- Poor doctor-patient relationship
- Difficulties in transition between child and adult services

### Treatment and Support
- Lack of individualised treatment programs
- Lack of additional psychological and educational support alongside medication
- Inadequate specialist support with adjusting medication
- Little or no monitoring or advice on and off medication
- Poor access to a wide range of medications

### Patients’ desired outcomes from Care
- Address psychosocial needs
- Reduce disempowerment
- Learn practical coping strategies
- Deal with emotional burden
- Reduce negative self-perception
- Gain optimum benefits of treatment
- Increase self-understanding
- Reduce levels of stress
- Alleviate social and emotional impairment
- Improve organisational skills
- Reduce side effects of medication