Patients assessed for eligibility  
\( n=6468 \)

- Declined to participate  
  \( n=18 \)
  Reasons not collected

\[ \text{Enrollment} \quad n=6450 \]

- Included in the analysis  
  \( n=3218 \)

- Excluded from analysis  
  \( n=65 \)
  - Appointment cancelled before the intervention took place  
    \( n=45 \)
  - Appointment cancelled for reasons independent from the intervention (hospitalized, deceased,…)  
    \( n=20 \)

\[ \text{Random allocation} \]

- Allocated to telephone reminder  
  \( n=3165 \)
  - Received the allocated intervention  
    \( n=2626 \)
  - Did not receive the allocated intervention  
    \( n=539 \)
    - Not reached by phone  
      \( n=18 \)
      - Never answered, no combox  
        \( n=11 \)
      - Wrong or invalid number  
        \( n=12 \)
      - No time for RA to make the intervention  
        \( n=1 \)
  - Omission  
    \( n=1 \)

- Allocated to text-message reminder  
  \( n=3285 \)
  - Allocated intervention sent  
    \( n=3281 \)
  - Did not receive the allocated intervention  
    \( n=4 \)
    - Invalid cell phone number  
      \( n=1 \)
    - Delay too short  
      \( n=3 \)

\[ \text{Included in the analysis} \quad n=3136 \]

- Excluded from analysis  
  \( n=29 \)
  - Appointment cancelled before the intervention took place  
    \( n=18 \)
  - Appointment cancelled for reasons independent from the intervention (hospitalized, deceased,…)  
    \( n=11 \)

\[ \text{NB: the automated text-messaging system was not set to detect whether patients had or not received the sent text-message} \]