1. EXTERNAL STRUCTURES
Wider context in which action is contemplated and takes place
e.g. the social, economic and material environment

2. INTERNAL STRUCTURES (what individuals ‘know’)
2a. General: e.g. a person’s past experiences, educational and cultural background, ways of viewing the world, morals
2b. Specific: e.g. a person’s understandings, assumptions and skills relevant to a particular here-and-now choice or action

3. ACTION
What the person does in a particular local situation

4. OUTCOMES
Intended and unintended impact on external and internal structures, which may be reproduced or changed