Characteristics of the intervention

Inner Setting
- Intervention source
- Evidence strength and quality
- Relative advantage
- Adaptability
- Trialability
- Complexity
- Design quality
- Cost

Outer Setting
- Structural characteristics
- Networks and communications
- Culture
- Implementation climate
- Patient needs and resources
- Cosmopolitanism
- Peer pressure
- External policies and incentives

Individuals involved
- Knowledge and beliefs about the intervention
- Self-efficacy
- Individual stage of change
- Individual identification with organisation
- Other personal attributes

Implementation Process
- Planning
- Engaging
- Executing
- Reflecting and evaluating