Screening by GP for eligible participants (n = 884)

Allocation

Allocated to CORFIS arm (n = 527)
- Withdrew consent (n = 50)
- Received intervention (n = 477)

Allocated to usual care (n = 257)
- Withdrew consent (n = 29)
- Received usual care (n = 228)

Analysis

Assessed by GP concerned

- Seen by one of the nurses
- Counselling by one of the dietitians
- Reviewed and counselled by one of the pharmacists

Analyzed (n = 477)

Analysis

Analyzed (n = 228)