Recruit Clinicians (N=15)

Group 1 (N=7)
Baseline Assessment (Months 0-3)

Group 1 (N=7)
Clinician Training Intervention* (Months 3-6)

Group 1 (N=7)
Post Intervention Assessment (Month 6)

Group 1 (N=7)
Follow-up Assessment (Month 12)

Group 2 (N=8)
Baseline Assessment #1 (Months 0-3)

Group 2 (N=8)
Baseline Assessment #2 (Months 9-12)

Group 2 (N=8)
Clinician Training Intervention* (Months 12-15)

Group 2 (N=8)
Post Intervention Assessment (Month 15)

Group 2 (N=8)
Follow-up Assessment (Month 21)

*Intervention for both groups: Four clinician training sessions

Primary outcome measure for both groups: Use of 5 As in all patients for whom discussion of exercise occurs as assessed by audio recordings of all office visits in baseline compared to post-intervention and follow-up periods