Randomized (n=280)

Assessed for eligibility (n=320)

Allocated to Treatment-as-usual (n=138)
- Received treatment-as-usual (n=111)
- Did not present anymore after allocation (n=27)

Allocated to Intervention (n=142)
- Received intervention (n=116)
- Did not present anymore after allocation (n=26)

Excluded (n=40)
- Did not meet inclusion criteria:
  - EuropASI missing (n=4)
  - Language problem (n=2)
  - Group treatment a/o medical treatment (n=31)
  - Refused use of baseline data and follow-up contact (n=3)

Baseline

Start Treatment-as-usual (n=111)

Start Intervention (n=116)
- refused intervention (n=16)

Intention-to-treat

Analyzed (n=111)

Analyzed (n=116)

Per-protocol

Analyzed (n=111)

Analyzed (n=100)