### 3-monthly checks
- Inquire after: well-being; possible hypo- or hyperglycemia; diet, exercise or medication difficulties
- Determine: weight, fasting glucose
- Patients on insulin (2-4 d): determine HbA1c and 4-pointsday curce.
- Patients on hypertensiva: determine bloodpressure
- High ulcus risk: foot examination

### Yearly check
- Inquire after: vision difficulties, cardiovascular complaints, neuropathy, and sexual problems
- Determine: weight, bloodpressure, fasting glucose, HbA1c, creatinine, lipids
- Patients on insulin: inspection of injection places
- Patients on diuretic or Renin-angiotensin inhibitors: kalium
- Patients with life expectancy >10 years: albumin/creatinine
- Perform fundus photography

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