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<tbody>
<tr>
<td>Context influencing infant feeding teaching: - improvised teaching - training varied - pragmatic approaches</td>
<td>- often have extended counselling training - pragmatic approaches</td>
<td>- poverty was a challenge</td>
<td>- poverty was a challenge</td>
<td>- minority had discussed infant feeding with health worker</td>
<td>- majority had discussed infant feeding with health worker</td>
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<td>Feeding of severely ill children: - some extra teaching capacities to targeted individuals - poverty and knowledge reported as challenging</td>
<td>- poverty was a challenge</td>
<td>- poverty was a challenge - poverty, social structure within the families and psychological difficulties were challenging</td>
<td>- poverty was a challenge</td>
<td>- clear association with infant feeding practices and socio-economic status</td>
<td>- poverty was a challenge - clear association with infant feeding practices and socio-economic status</td>
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<td>Challenges related to breastfeeding: - health workers had to work against traditional beliefs - pragmatic options suggested for mothers not breastfeeding - For HIV-positives, breastfeeding feeding seen as 2. option</td>
<td>- health workers had to work against traditional beliefs - busy mothers often avoided breastfeeding - For HIV-positives, breastfeeding feeding seen as 2. option</td>
<td>- HIV transmission during pregnancy often underlined reason to stop breastfeeding</td>
<td>- a pregnancy was a common reason to stop breastfeeding often regarded as insufficient and practiced at a low rate</td>
<td>- exclusive breastfeeding</td>
<td>- exclusive breastfeeding</td>
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<td>- busy mothers often avoided breastfeeding</td>
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<td>- Mothers not breastfeeding were often suspected to be HIV-positive or accused of being irresponsible</td>
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<td>- mixed feeding common</td>
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### The counselling process

- variation in messages
- some used interactive counselling strategy
- Many health workers put much effort into communication and a good, caring and empathic attitude
- positive feedback on health workers’ counselling
- positive feedback on health workers’ counselling

### Simplification of messages

- simplistic messages
- exaggerated some perspectives

### HIV-infected mothers’ disclosure and choice

- HIV disclosure was a challenge
- less stigma
- mixed feeding seen as consequence of non-disclosure
- HIV disclosure was a challenge
- many pay high price for HIV disclosure
- many felt supported when disclosing HIV-status

### Feasibility and capacity challenges

- inadequate facilities, staffing & equipment
- need for training and follow-up, e.g. refreshing courses
- programs stopping abruptly
- meeting their clients’ complicated situations
- difficult choices
- poverty
- difficult choices
- stigma
- poverty
- stigma
- poverty
- stigma

- no differences in infant feeding practices seen between mothers having disclosed or not
- many pay high price for HIV disclosure

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