Target population
Pregnant women

Excluded for not meeting inclusion criteria n = ?

Eligible population
Primiparous women aged 18-42 years attending the midwife office at week 36 of pregnancy who meet the inclusion criteria.

Uncooperative n = ?

Signature of informed consent
n=641

Excluded for not meeting inclusion criteria n = 21

Baseline measurement by primary care midwives
Sociodemographic and personality variables
n= 620

Uncooperative n = 2
Lost to exposure measurement n = 2

AE exposure Measurement
No. of classes of antenatal education attended.
n= 616

Group A
Attend 0 sessions
n= 45

Group B
Attend 1-4 sessions
n= 62

Group C
Attend 5 or more sessions
n= 509

Outcome variables

Childbirth assistance: Childbirth variables measured in the reference hospital
n = 616

Postpartum telephone follow-up for continuation of breastfeeding at 1 ½, 3, 6, 9, and 12 months
Lost to follow-up n=2
n= 614