Common Courses
- Human nutrition
- Community nutrition
- Maternal and child health
- Food science and quality control
- Nutritional biochemistry
- Diet and disease

Nepal
- Institutional Food Management
- Food security, food balance, and nutrition supply
- Food treaties related to food security.
- Evidence-based approaches for breastfeeding and supplementary feeding
- Current nutrition policies and strategies of the government of Nepal;
- Program implementation and the involvement of the NGO and private sectors;
- Legislative issues and quality control regarding food production,
- Transportation, marketing, and consumption

India
- Food science and preservation,
- Clinical and therapeutic nutrition,
- Functions of food,
- Nutritional assessment,
- Nutrition during lifecycle
- Advanced diabetics,
- Food analysis, macro and micronutrients
- Biostatistics
- Epidemiology
- PHN

Pakistan
- Macro-micro nutrient deficiency
- Food security
- Pre-and post surgery nutrition both in clinic and hospital
- Hospital Dietetics,
- Health Care Promotion,
- Design Concepts in Nutrition Epidemiology,
- Food Microbiology
- Research Methods
- Sociology of Food Habits
- Institutional Management

Sri Lanka
- Food safety
- Sports nutrition
- Nutrition advocacy and counselling
- Principles of communication
- Dietetics
- Nutrition epidemiology
- Meat and fish science and technology
- Processing of milk and milk products