Summer 2011

6-week cardio-respiratory module

True pretest
prospective performance gain
(retrospective self-assessments)
Posttest
Thentest
(retrospective performance gain)

Summer 2012

6-week cardio-respiratory module
(no pretest)

Posttest
Thentest
(retrospective self-assessments)
(retrospective performance gain)

sequential (A) direct comparison (B)

Objective 1:
Posttest
Thentest

Objective 1:
Posttest
Thentest

Objective 2:
Posttest
Thentest

Objective 3:
Posttest
Thentest

Objective 4:
Posttest
Thentest

Objective 5:
Posttest
Thentest

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