SAMPLING AND RECRUITMENT

- Contact attempted with all 98 medical students from original NNEdPro teaching
  - 40/98 had up-to-date contact information
  - 21/40 eligible as junior doctors
  - 8/21 interested in training
  - 4/8 confirmed attendance on given training day
  - 3/4 attended training as nutrition champions
- 7 junior doctors and 1 senior medical student were recruited by nutrition champions and NELICO coordinators

INTERVENTION – TRAINING PACKAGE

- Cambridge-based intensive 2-day learning intervention workshops delivered to 10 junior doctors and 1 medical student from three NHS regions in England
- Pre-intervention evaluation collected baseline KAP using an online research tool via e-mailed link to all NELICO participants

INTERVENTION – NUTRITION AWARENESS WEEKS

- Each team had 2 to 3 months to prepare a NAW plan for their hospital
- The NELICO Coordinators obtained necessary approvals from the host hospitals
- Each team ran a NAW in their respective hospitals
  - Online Hospital Survey sent within each hospital (pre-NAW) and varied between teams
  - NAW stalls set up for 1-3 days (during NAW)
  - Hospital Nutrition Attitude Questionnaire distributed in hardcopy at the NAW stall (during NAW)
  - Teaching sessions run by junior doctors (during NAW)
  - Interviews (pre, during and/or post NAW)

FOLLOW UP

- Post-intervention evaluation after 1 month using an anonymised online survey tool via e-mailed link to all NELICO participants
- Post-intervention evaluation after 4 months (post-NAW) using an online research tool via e-mailed link to all NELICO participants
- 1 month and 4 month post-intervention questions were identical to pre-intervention questionnaire with questions randomised. 4 months post-intervention also included open questions relating to their experiences running a NAW