**Graphical Representation**

The graph compares the results of a study measured at two different times: PRE and POST, across different groups: All, Male, Female, Japanese, and non-Japanese.

- The graph shows significant differences between the PRE and POST measurements.
- Specific groups have asterisks indicating statistical significance:
  - Male: * (p < .05)
  - Female: * (p < .05)
  - Japanese: ** (p < .01)
  - non-Japanese: ** (p < .01)

* p < .05, ** p < .01