**Mental distress**

- **Women:** $g = 0.72$ (95% CI .45, .99), $p < .001$
- **Men:** $g = 0.33$ (95% CI -.16, .82), $p = .136$

**Percieved Medical School Stress**

- **Women:** $g = 0.25$ (95% CI .02, .52), $p = .002$
- **Men:** $g = -0.17$ (95% CI -.32, .63), $p = .300$

**Subjective wellbeing**

- **Women:** $g = 0.61$ (95% CI .34, .88), $p < .001$
- **Men:** $g = 0.19$ (95% CI -.30, .68), $p = .175$