M4 non-EBM group (n=92)
- Lost to follow-up (n=5)
- Analyzed (n=87)
  - Excluded (n=5)

Eligible 5th year students (n=96)
Not randomized = 0
Randomization
M5 non-EBM group (n=48)
- Received intervention (n=48)
- Lost to follow-up (n=1)
  - Discontinued intervention (n=0)
- Analyzed (n=47)
  - Excluded (n=1)

M5 EBM group (n=48)
- Received intervention (n=48)
- Lost to follow-up (n=0)
- Discontinued intervention (n=0)
- Analyzed (n=48)
  - Excluded (n=0)

M6 EBM Group (n=114)
- Lost to follow-up (n=7)
- Analyzed (n=107)
  - Excluded (n=7)