Appendix: Questionnaire

Demographic data
ID-number: ........................................
Age: .............................................
Sex: m f (circle as appropriate)
Year of study: 1 2 3 (circle as appropriate)

<table>
<thead>
<tr>
<th>Study activities</th>
<th>almost always</th>
<th>sometimes</th>
<th>regularly</th>
<th>often</th>
<th>almost never</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

- On days when there are no obligatory study activities I study mostly in the morning.
- I take breaks when I am studying.
- I stop studying as soon as I get tired.
- After studying I feel mentally exhausted.
- After studying a subject I am able to explain it clearly.
- When I am studying I am easily distracted.
- I pay extra attention to subjects I do not understand.
- I try to see how different parts of a subject are interconnected.
- I summarise the material I am studying.
- I revise material I find difficult.
- I use different resources to study the learning objectives.
- I make an outline of the material to be studied.
- I hate it when there is something I don’t understand.
- I usually study in several short sessions.
- I spend most of my study time memorising facts.
- I also read medical articles not directly related to the current topic.

Preparation for Skillslab training

<table>
<thead>
<tr>
<th>almost never</th>
<th>sometimes</th>
<th>regularly</th>
<th>often</th>
<th>almost always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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</tbody>
</table>

- I prepare for training sessions at the Skillslab.
<table>
<thead>
<tr>
<th>During Skillslab training</th>
<th>almost never</th>
<th>sometimes</th>
<th>regularly</th>
<th>often</th>
<th>almost always</th>
</tr>
</thead>
<tbody>
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</table>

During a training session I ask for direct feedback on my skill performance

I ask questions when I do not understand something during training

<table>
<thead>
<tr>
<th>or a training session at the Skillslab</th>
<th>almost never</th>
<th>sometimes</th>
<th>regularly</th>
<th>often</th>
<th>almost always</th>
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</table>

When I do not understand something during training I look it up in the literature afterwards

After a training session I undertake unsupervised training at the Skillslab to rehearse any skills I found difficult to perform

After a training session I rehearse any skills I found difficult to perform by practising on fellow students/housemates/family members (outside the university)

I spread my skill practice activities evenly over the year

<table>
<thead>
<tr>
<th>Preparation for OSCE</th>
<th>fully agree</th>
<th>agree</th>
<th>neither agree nor disagree</th>
<th>disagree</th>
<th>fully disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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</table>

I know my strengths and weaknesses with regard to studying

I work to improve my weaknesses

When something goes wrong in my studies I try to find out what caused it

I draw up a study schedule

I work hard on my studies

I have perseverance

I want to do better than my fellow students

Others say that I demand a lot from myself

I ask for feedback on how I function

I am good at planning my time

When I have made a schedule I stick to it

My study efforts are distributed evenly over the academic year