The description of the NP included:

(a) If the NP is (or was made from) a plant, microorganism or animal:
   I. The genus and species
   II. The part of the plant, microorganism or animal that was used
   III. How the NP was prepared (extracted or processed)

(b) If the NP was composed of one or more chemical constituent(s), either derived
    from a plant, microorganism or animal or produced synthetically:
   I. The complete name of the chemical constituent(s)

(c) If the NP was a commercially prepared product (regardless if it fits into category
    (a) or (b):
   I. The brand name
   II. The manufacturer
   III. The lot or batch number(s)

(d) The name(s) of the active or marker chemical(s)

(e) The amount (weight or %) of the active or marker chemical(s)

(f) A qualitative and quantitative analysis of active or marker chemical(s)

(g) The dosage form

(h) The daily dose

The NP and placebo/comparison treatment were matched in terms of:

(a) Taste, smell and / or appearance

(b) Dosing regimen

The success of blinding was evaluated