Reasons for treatment being unacceptable

External factors

- Dislike treatment modality
- Do not perceive benefit
- General barriers
- Insufficient knowledge

Internal factors

- General unspecified dislike
- Prefer an alternative first
- Due to side effects
- Specific reasons
  - Inconvenience/comfort
  - Fear of method
  - Religious reasons

External factors

- Disbelief of efficacy
- Past experiences
- Satisfaction with current management
- Inappropriate for symptoms

General barriers

- Internal factors
  - Age
  - Health
- External factors
  - Time
  - Financial
  - Psychological

Insufficient knowledge

- Requiring more information
- Wanting proof of efficacy
- If a clinician recommends it