Patients recruited with uncomplicated chronic rachialgia

N = 400 randomized patients
Baseline evaluation (T0)

True auricular pressure group
N = 200
8 sessions

Final evaluation (T1)
(Week 9)

Follow-up evaluation (T2)
(6 months)

Placebo auricular pressure group
N = 200
8 sessions

Final evaluation (T1)
(Week 9)

Follow-up evaluation (T2)
(6 months)