Chiropractic
Massage therapy
Homeo/Naturopathy
Acupuncture
Reflexology
Reiki
Iridology
Therapeutic touch
Biofeedback
Herbalism
Aromatherapy
Other CAM†

CAM types tried

Percent tried

2005
1997-8

0 10 20 30 40 50 60 70 80 90 100

Chiropractic**
Massage therapy
Homeo/Naturopathy
Acupuncture
Reflexology***
Reiki
Iridology
Therapeutic touch*
Biofeedback*
Herbalism*
Aromatherapy
Other CAM†

Percent tried