N=700 (?) women recruited by media coverage and newspaper ads
Hot flush diary for 2 weeks
Health related quality of life (WHQ)

n= 286 women randomized

Acupuncture group
n= 143
10 acupuncture sessions

4 wks: Hot flushes, WHQ
8 wks: Hot flushes, WHQ
12 wks: Hot flushes, WHQ
End of study
6 mo: Hot flushes, WHQ
12 mo: Hot flushes, WHQ

Self care
n=143

4 wks: Hot flushes, WHQ
8 wks: Hot flushes, WHQ
12 wks: Hot flushes, WHQ
End of study
6 mo: Hot flushes, WHQ
12 mo: Hot flushes, WHQ

n=286 women randomized