CONSORT 2010 Flow Diagram

**Enrollment**
- Assessed for eligibility (n=144)
  - Excluded (n=47)
    - Not meeting inclusion criteria (n=23)
    - Declined to participate (n=24)

**Randomized (n=97)**

- Allocated to Ginkgo Synergy® plus Choline (n=33)
  - Received allocated intervention (n=33)
    - Lost to follow-up (lost contact) (n=3)
    - Discontinued intervention (adverse event, voluntary withdrawal) (n=7)
  - Analyzed (n=33)
    - Excluded from analysis (n=0)

- Allocated to OPC Synergy® plus Catalyn® (n=31)
  - Received allocated intervention (n=31)
    - Lost to follow-up (lost contact) (n=2)
    - Discontinued intervention (adverse event, voluntary withdrawal) (n=5)
  - Analyzed (n=33)
    - Excluded from analysis (n=0)

- Allocated to Placebo (n=33)
  - Received allocated intervention (n=33)
    - Lost to follow-up (lost contact) (n=4)
    - Discontinued intervention (adverse event, voluntary withdrawal) (n=4)
  - Analyzed (n=33)
    - Excluded from analysis (n=0)