Reasons for using mind-body practices (Included PFH in CAM N=50)

- Improve emotional wellbeing: 92%
- Improve physical wellbeing: 50%
- Recommended by others: 38%
- Strengthen the immune system: 34%
- Assist in treating cancer: 28%
- Reduce symptoms and side-effects: 26%
- Keep blood cell count high: 22%
- Prevent recurrence and spread: 16%
- Cure the cancer: 0%

Reasons for using mind-body practices (Excluded PFH from CAM N=25)

- Improve emotional wellbeing: 84%
- Improve physical wellbeing: 80%
- Recommended by others: 76%
- Strengthen the immune system: 68%
- Assist in treating cancer: 52%
- Reduce symptoms and side-effects: 44%
- Keep blood cell count high: 32%
- Prevent recurrence and spread: 0%
- Cure the cancer: 32%

Reasons for using natural products (n=110)

- Recommended by others: 68.2%
- Improve physical wellbeing: 67.3%
- Strengthen the immune system: 64.5%
- Improve emotional wellbeing: 63.6%
- Assist in treating cancer: 61.8%
- Reduce symptoms and side-effects: 59.1%
- Prevent recurrence and spread: 45.5%
- Keep blood cell count high: 41.8%
- Cure the cancer: 10%

Reasons for using traditional medicine (n=28)

- Assist in treating cancer: 46.4%
- Prevent recurrence and spread: 42.9%
- Recommended by others: 39.3%
- Strengthen the immune system: 39.3%
- Improve emotional wellbeing: 39.3%
- Improve physical wellbeing: 35.7%
- Reduce symptoms and side-effects: 32.1%
- Keep blood cell count high: 21.4%
- Cure the cancer: 7.1%