Assessed for eligibility (n= 22)

Excluded (n= 4)
♦ Not meeting inclusion criteria (n= 3)
♦ Number of subjects reached (n= 1)

Randomized in the crossover design (n= 18)

Placebo
Allocated to intervention (n= 9)
♦ Received allocated intervention (n= 9)

CCE
Allocated to intervention (n= 9)
♦ Received allocated intervention (n= 9)

Placebo
Allocated to intervention (n= 9)
♦ Received allocated intervention (n= 9)

CCE
Allocated to intervention (n= 9)
♦ Received allocated intervention (n= 9)

Analysed (n= 16)
♦ Excluded from analysis (n= 2) Two subjects were excluded from Per Protocol statistical analyses as they presented major deviations from the protocol (delay within blood sampling time points and delay in standard meal intake)