Assessed for eligibility (n = 299)

Excluded (n = 55)
  Did not meet inclusion criteria: 28
  Elected not to participate: 22
  Other reasons: 5

Randomized (n = 244) (8 centers)

Assigned to receive intervention (n = 122)
Xuan Bai Cheng Qi formula and conventional treatment

Nonadherent (n = 8)
  Used non-study medicine (n = 2)
  Withdrew without explanation (n = 1)

Completed study (n = 121)
  Full analysis set (n = 122)
  Per-protocol analysis set (n = 111)

Assigned to the control (n = 122)
Placebo and conventional treatment

Nonadherent (n = 3)
  Withdrew without explanation (n = 1)

Completed the study (n = 121)
  Full analysis set (n = 122)
  Per-protocol analysis set (n = 118)