Potential participants from three facilities (n=165)

Enrolment

Received permission from participants or relatives and **assessed for eligibility** (n=86)

Did not meet inclusion criteria (n=19)

Met inclusion criteria (n=67)

Allocation

**randomised**

- Combination group n=22 (33%)
- Aromatherapy group n=23 (34%)
- Control group n=22 (33%)

Follow-up

Withdraw consent and participation (n=5), or died in the six weeks of the intervention (n=1). Total = 6 (9%)

Analysis

- Combination group **Analysed** n=19 (28%) completed intervention
- Aromatherapy group **Analysed** n=22 (33%) completed intervention
- Control group **Analysed** n=20 (30%) completed intervention