Assessed for eligibility (n=77)

Excluded (n=12)
- Not meeting inclusion criteria (n=3)
- Declined to participate (n=9)

Randomized (n=65)

Smokers (n=32)
- Allocated to green tea (n=7)
  - Received allocated intervention (n=7)
- Allocated to black tea (n=8)
  - Received allocated intervention (n=8)
- Allocated to caffeinated water (n=9)
  - Received allocated intervention (n=9)
- Allocated to placebo (n=8)
  - Received allocated intervention (n=8)

Followed by crossover to the other three treatments determined by the randomization sequence

Non-smokers (n=33)
- Allocated to green tea (n=8)
  - Received allocated intervention (n=8)
- Allocated to black tea (n=8)
  - Received allocated intervention (n=8)
- Allocated to caffeinated water (n=8)
  - Received allocated intervention (n=8)
- Allocated to placebo (n=9)
  - Received allocated intervention (n=9)

Followed by crossover to the other three treatments determined by the randomization sequence