Change in 6-month Hemoglobin A1c (HbA1c)

ANC: Adjunctive Naturopathic Care (n=40)
UC: Usual Care (n=329)

* Adjusted for age, gender, baseline HbA1c, and use of sulfonylureas or metformin

Change in UC = -0.39% [95% CI: -0.80, 0.02], p=0.07
Change in ANC = -0.90% [95% CI: -1.64, -0.16], p=0.02
Difference* = -0.51% [95% CI: -0.80, 0.02], p=0.07

Change in 12-month Hemoglobin A1c (HbA1c)

ANC: Adjunctive Naturopathic Care (n=40)
UC: Usual Care (n=329)

* Adjusted for age, gender, baseline HbA1c, and use of sulfonylureas or metformin

Change in UC = +0.03% [95% CI: -0.18, 0.24], p=0.24
Change in ANC = -0.34% [95% CI: -0.80, 0.12], p=0.12
Difference* = -0.37% [95% CI: -0.87, 0.12], p=0.14