Breast cancer sample

92 patients

72 CAM users

1. Visited health care providers (of CAM)
   - 24 (26% of 92 respondents) visited one or more providers.
   - 66 (72%, incl. N=20 non-CAM users) did not go to a CAM health care provider.

2. Complementary treatments received from physicians
   - 26 (28%) received one or more CAM therapies.
   - 63 (69%) had not received any CAM therapy.

3. Use of herbal medicine and dietary supplements
   - 55 (66%) used one or more CAM products.
   - 31 (34%) had not used any CAM products.

4. Self-help practice
   - 51 (55%) used one of the self-help practices.
   - 38 (41%) had not used any self-help practice.

Internet sample

210 respondents

31 had not used any kind of CAM during the previous 12 months

71 frequent users (FU) / 123 infrequent users (IFU) / 16 did not know

1. Visited health care providers (of CAM)
   - FU (N=71)
     - 52 (73%) visited one or more providers.
     - 19 (27%) did not go to a CAM health care provider.
   - IFU (N=123)
     - 34 (28%) visited one or more providers.
     - 89 (72%) did not go to a CAM health care provider.

2. Complementary treatments received from physicians
   - FU
     - 48 (68%) received one or more CAM therapies.
     - 23 (32%) had not received any CAM therapy.
     - IFU
     - 53 (43%) received one or more CAM therapies.
     - 70 (57%) had not received any CAM therapy.

3. Use of herbal medicine and dietary supplements
   - FU
     - 62 (87%) used one or more CAM products.
     - 8 (11%) had not used any CAM products.
     - IFU
     - 79 (64%) used one or more CAM products.
     - 44 (36%) had not used any CAM products.

4. Self-help practice
   - FU
     - 40 (56%) used one of the self-help practices.
     - 31 (44%) had not used any self-help practice.
   - IFU
     - 59 (48%) used one of the self-help practices.
     - 64 (52%) had not used any self-help practice.