Randomized (n=182)

Enrollment

Allocated to intervention liquid yogurth containing plant stanol esters (n=91)
- Received allocated intervention (n=91)

Lost to follow-up (n=in progress)
Discontinued intervention (n=in progress)

Follow-Up

Analysis

Allocated to intervention liquid yogurth not containing plant stanol esters (n=91)
- Received allocated intervention (n=91)

Lost to follow-up (n=in progress)
Discontinued intervention (n=in progress)

Analysed (n=pending)
- Excluded from analysis (give reasons) (n=pending)

Analysed (n=pending)
- Excluded from analysis (give reasons) (n=pending)