Assessed for eligibility (n=75)

- Not meeting inclusion criteria (n=25)

Randomised (n=50)

- Allocated to treatment group (n=25)
- Allocated to waiting list control group (n=25)

Resigning from the study before T1 (n=3)

- Resigning from the study before T1 (n=1)

Allocation

- Received allocated treatment (n=21)
  - Did not receive complete treatment (symptoms worsening) (n=1)

Analysis

- Analysed (n=22)
- Analysed (n=24)