PARTICIPANT FLOW DIAGRAM

Assessed for eligibility \((n = 126)\)

- Excluded \((n = 101)\)
  - Ineligible: 83
  - Did not complete screen: 14
  - Declined to participate: 4

Enrolled \((n = 25)\)

- Discontinued \((n = 5)\)
  - Mushroom palatability: 4
  - Personal reasons: 1

Completed \((n = 20)\)