Assessed for eligibility

Patients (n=80)
Controls (n=23)

Matched on age, height, weight and body mass index.

Patients with osteopenia and a former wrist fracture (n=36)
Thirty-six patients were divided into 18 pairs (n=18)

Healthy, matched controls (n=18)

Outcome measurements:
- Isokinetic quadriceps muscle strength
- Dynamic balance (FSST)
- Physical capacity (6MWT)
- Borg’s scale (BS)
- Physical activity level (PASE)
- Health-related quality of life (SF-36)
- Anthropometric data and BMD (DXA)

Analysis – Matched pairs (n=36)