Familiarization with text/interview content
Reading of transcriptions and listening to audio recordings to capture the emotions

Meaning analysis
Coding according to the findings from the quantitative analysis

Organization of data
Main themes and categories from the qualitative data were organized and reviewed in a framework to interpret the meaning of each of the 16 women’s expressions

1. Women’s experiences due to UP
   1.1. Physical discomfort
   1.2. Sexual discomfort

2. Emotional stress
   2.1. Spousal behavior after disclosure of UP
   2.2. Domestic violence after disclosure of UP

3. Perceived cause of UP
   3.1. Past experiences of work load in postnatal period
   3.2. Past experiences of obstetric complications

4. Care-seeking practices for UP
   4.1. Type of practices
   4.2. How coping with the problem
   4.3. Reasons for delay in seeking health care