Inclusion

Subfertile women with overweight or obesity (n=570)

Randomization

Conventional Fertility Care (n=285)

- Ovulation induction in case of chronic anovulation
- Expectant management in case of favourable prognosis
- IUI/COH in case of unfavorable prognosis
- OR
- IVF/ICSI

OR

Lifestyle intervention (n=285)

- Ovulation induction in case of chronic anovulation
- Expectant management in case of favourable prognosis
- IUI/COH in case of unfavorable prognosis
- OR
- IVF/ICSI

24 months

6 months

18 months

Figure 1: Flowchart lifestyle study