Recruitment
Eligibility Criteria
Informed Consent

Baseline assessment
*Interview,*
*Quality of life,*
*Medical record*

Randomization

EG Session 1 (N=42)
Music Therapy
*VAS pre-post,*
*HRV*

CG Session 1 (N=42)
Verbal relaxation
*VAS pre-post,*
*HRV*

EG Session 2
Music Therapy
*VAS pre-post,*
*HRV,*
*Quality of life*

CG Session 2
Verbal relaxation
*VAS pre-post,*
*HRV,*
*Quality of life*