Recipe for designing a decision aid

The key to designing a decision aid for advance care planning in a high-risk surgery setting is knowing the tools and ingredients to use to build it.

Tools:
- Engage with patients
- Engage with surgeons
- Gauge the setting

Ingredients:
1 part shift focus from end-of-life
1 part elicit patient values & goals
1 part prompt naming surrogate & having discussions

Directions:
Mix together the ingredients while engaging with patients and surgeons to ensure that the aid meets their needs and to situate the aid in a conducive setting.

Tips for success:
- Keep it simple
- Make it adaptable
- Show its effectiveness