Baseline clinic
(cognitive and physiological testing)
Cognitive and mood testing
  Battery of neuropsychological tests
  Mill Hill Vocabulary Scale
  Hospital Anxiety and Depression Scale
Physical examination
  Blood pressure
  BMI, WHR, % body fat
  ECG
  Ankle brachial index
  Neurothesiometry
Questionnaire (including WHO Chest Pain and Edinburgh Claudication Questionnaires)
Blood sample
  Inflammatory markers
  Cortisol
  Lipids
  Blood glucose, HbA1c
  Liver function tests
  Hyaluronic acid
  Urinary albumin/creatinine ratio

2-3 weeks

Baseline Clinic
(digital retinal photography)
Diabetic retinopathy

1 year

One year clinic
Questionnaire including sleep apnoea questionnaires
Abdominal USS
Carotid IMT and plaque measurement
Pulse wave analysis and velocity
Hypoglycaemia questionnaire

‘Routine’ data collection
ISD SMR01 data
  Medical and surgical discharges from Scottish hospitals
LDR data
  HbA1c, blood pressure, cholesterol