140 GPs in the county of Troms referring patients with sinus pilonidalis, inguinal hernia and gallstone disease to the University Hospital

Excluded:
- 5 GPs participating in the One Stop pilot study
- 30 GPs without WinMed electronic health record

Approached 135 GPs to participate
360 patients assessed for eligibility
Research ethics board approval

- 35 GPs decline to participate
- 130 patient do not give informed consent
- 100 patients not eligible for outpatient surgery

120 patients randomised by 100 GPs

Allocated to intervention
60 patients received “one stop” strategy
- Guidelines for referral
- Standardised electronic referral
- Booking of outpatient surgery
- Outpatient surgery without a preoperative examination at the Dept of Day case Surgery.

Allocated to control
60 patients received the regular referral routine
- Referral without mandatory information
- Examination at the outpatient clinic several weeks before day case surgery.