Quorum flow chart of the reviewing process

Potentially relevant RCTs identified and screened for retrieval (n=1299)

RCTs excluded with reasons (n=1115) (reviews, not randomised, not knee or not OA)

RCTs retrieved for more detailed evaluation (n=180)

RCTs excluded with reasons (n=162) (no placebo or control group)

Potentially appropriate RCTs to be included in the meta-analysis (n=18)

RCTs excluded for not meeting trial design criteria (n=3)

RCTs with adequate design (n=15)

RCTs excluded for procedural flaws (n=2)

RCTs with adequate design and treatment procedures (n=13)