Complete evaluation of barriers to return to usual activities

Sufficient improvement in perceived disability in 4 weeks?*

Yes

No

Use of specialized resources if necessary

- Management favouring interventions to reduce all barriers
- If necessary: management of persistent pain

Reevaluation

Return to usual activities?

Yes

No

Start of stage

Return to usual activities

* \( \geq 15 \) points on the Quebec Back Pain Disability Scale or \( \geq 10 \) points on the Oswestry Disability Questionnaire