Eligible patients as proposed by the family doctors (n = 147)

Excluded (n = 22): not meeting inclusion criteria = 13, refused to participate = 9

Randomized (n = 125)

Allocated to cognitive-behavioural rehabilitation (n = 63)

Preferred to continue primary care (n = 1)\(^a\)

Proved to have an exclusion criteria (n = 1)\(^b\)

Received cognitive-behavioural rehabilitation (n = 62)

Deceased (n = 1)\(^c\)

Completed cognitive-behavioural rehabilitation (n = 61)

Lost to follow-up (n = 2)

Analyzed (on the basis of intention to treat) (n = 61)

Allocated to primary care (n = 62)

Preferred to continue primary care (n = 1)\(^a\)

Received cognitive-behavioural rehabilitation (n = 62)

Deceased (n = 1)\(^c\)

Completed primary care (n = 63)

Lost to follow-up (n = 0)

Analyzed (on the basis of intention to treat) (n = 62)

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\(^a\) Woman, 58 (years), randomized to cognitive-behavioural rehabilitation, but preferred to continue at the health centre.

\(^b\) Male, 45, incorrectly included: except BNP, he suffered from whiplash-associated disorders that during the initial mapping out (Table 1) showed to be a primary obstacle to working.

\(^c\) Male, 55, died 12 months after inclusion from lung cancer.

\(^d\) Male, 53, died 11 months after inclusion of a reason which was unknown to us.

All these four patients had chronic BNP.