Eligible patients
N = 62

Patients screened
N = 366

Excluded
N = 304

RANDOMIZED
N= 40

Tai Chi Intervention
N=20

12-Week Evaluation
24-Week Evaluation
48-Week Evaluation

Outcomes
N=20

Attention Control
N=20

12-Week Evaluation
24-Week Evaluation
48-Week Evaluation

Outcomes
N=20