Declined to consent
n = 6

Included Patients
n = 51

LH Screening undertaken
n = 51

Baseline Measures

High LH AR
n = 15

Low LH AR
n = 12

High LH MT
n = 13

Low LH MT
n = 11

Lost n = 5
Lost n = 3
Lost n = 3
Lost n = 1

Post-treatment (8 sessions / 4 weeks) measures

Completed
n = 10
Completed
n = 9
Completed
n = 10
Completed
n = 10

Total AR completed n = 19
Total MT completed n = 20

Total Patients n = 39

Eligible Patients
n = 57

Declined to consent
n = 6

Included Patients
n = 51

LH Screening undertaken
n = 51

Baseline Measures

High LH AR
n = 15

Low LH AR
n = 12

High LH MT
n = 13

Low LH MT
n = 11

Lost n = 5
Lost n = 3
Lost n = 3
Lost n = 1

Post-treatment (8 sessions / 4 weeks) measures

Completed
n = 10
Completed
n = 9
Completed
n = 10
Completed
n = 10

Total AR completed n = 19
Total MT completed n = 20

Total Patients n = 39