Figure 1. Flow diagram of study protocol.

Enrollment
- Assessed for eligibility by telephone
- Assessed for eligibility by radiology assessment
- Baseline assessment

Allocation
- Randomization
- Allocated to unloading shoes
- Allocated to control shoes

Intervention (6 months)
- 6 months of daily shoe wear

Follow-up
- 6 month assessment

Analysis
- Intention-to-treat analysis

Ineligible:
- Fail inclusion criteria
- Meet exclusion criteria
- Refuse to participate

Ineligible:
- Fail inclusion criteria
- Meet exclusion criteria