Wrist fracture patients

Informed Consent

Randomization

t0

Primary and secondary measures

t1, week0

Controllability of Motor Imagery Test

Mirror Therapy (MT)

Mental Practice (MP)

Relaxation Training (Control)

Training (3 weeks à 5 times per week 45 minutes a day) & usual care

Primary and secondary measures

t2, week3

Training (3 weeks à 3 times per week 45 minutes a day) & usual care

Primary and secondary measures

t3, week6

Primary and secondary measures

t4, week12