Included in the cohort study and assessed for eligibility for the RCT
All patients aged ≥18-≤63 years, living in Central Denmark Region, and referred to one of six public departments of orthopaedic surgery on suspicion of subacromial impingement syndrome

Exclusion criteria for the RCT
Preoperative assessment:
No shows, insufficient skills in Danish, main diagnosis not M75.1-M75.8 or M19, comorbidity (severe fibromyalgia, rheumatoid arthritis, traumatic shoulder lesions, glenohumeral osteoarthritis), or no indication for shoulder surgery during index episode of care
Intraoperative assessment:
No shows, surgery not coded KNBH51, KNBH91, KNBG09, KNBL39, or KNBM79, or full-thickness/complete rotator cuff tear observed during surgery (except from a ruptured biceps tendon)
Postoperative assessment after 8-12 weeks:
No shows, further shoulder surgery planned, frozen shoulder, no shoulder problems anymore, or declined to participate

Included in the RCT
Collection of baseline information and subsequent randomisation 8-12 weeks after surgery

Occupational medical assistance
Standardised physiotherapy exercises
Occupational medical assistance and physiotherapy exercises
Usual care

Follow up occasions and outcome assessment in the RCT
3 months: Questionnaire, shoulder examination, and physical testing
12 months: Questionnaire and register data
24 months: Register data

Initial data, follow up occasions, and outcome assessment in the cohort study
First contact and shortly before surgery: Questionnaire
16 months: Questionnaire and register data
28 months: Register data