Provisional diagnosis made

Musculoskeletal  Non-musculoskeletal

Severity of condition assessed  Refer to a General Practitioner

**Minor**
- Education and advice
  - provisional diagnosis
  - first aid management
  - stretches/exercises
  - self massage/warm-ups/cool-downs

PLUS
- If symptoms persist for seven days, see an appropriate Healthcare Professional/Physician

**Major**
- Education and advice
  - provisional diagnosis
  - first aid management
  - stretches/exercises
  - self massage/warm-ups/cool-downs

PLUS
- Refer musician to see an appropriate Healthcare Professional/Physician