Assessed for eligibility (n=1600)

Excluded (n=830)
- Not meeting inclusion criteria
- Declined to participate
- Other reasons

Randomized (n=770)

Coordinated multidisciplinary intervention
Step 1 (week 1-4)
Allocated to intervention (n=385)
- Interview by RTW coordinator
- Examination and treatment by physiotherapist, chiropractor and/or rheumatologist (n=370)
- Counselling by social worker (n=140)
- Interview and CBT by psychologist (n=35)
- Examination by occupational physician (n=50)
- Workplace visit (n=25)
- Social worker at municipal sickness benefit office (n=70)
- Involvement of employer (n=15)

Completed treatment (n=230)
Received allocated intervention (n=370)
- Did not receive allocated intervention (n=15)

Coordinated multidisciplinary intervention
Step 2 (week 5-12)
- Continued treatment by physiotherapist, chiropractor and/or rheumatologist (n=95)
- Counselling by social worker (n=50)
- Interview and CBT by psychologist (n=20)
- Examination by occupational physician (n=20)
- Social worker at municipal sickness benefit office (n=25)
- Involvement of employer (n=10)
- Roundtable conference/discussion (n=140)

Completed treatment (n=110)

Coordinated multidisciplinary intervention
Step 3 (week 13)
Status send to municipal sickness benefit office (n=30)

Follow-up at the end of treatment, 6 and 12 months

Usual care
Allocated to intervention (n=385)
- Examination and treatment by physiotherapist, chiropractor and/or rheumatologist (n=370)
- Counselling by social worker (n=150)

- Received allocated intervention (n=370)
- Did not receive allocated intervention (n=15)